


## Meals on Wheels and More

December 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Shrimp Fettuccini Italian Green Beans Caesar Salad Fruit	<i>Happy Hanukkah</i> 4 ½ Pastrami on Rye Kosher Pickle Potato Latkes Salad Shirazi Apple Cake	5 Roasted Pork Loin w/ Apple Chutney Rice Pilaf Capri Veggies Fruit	6 Reuben Style Chicken Scalloped Potato Steamed Veggies Kale Citrus Salad Fresh Fruit	7 Beef Stroganoff Over Rotelle Pasta Peas & Onions Garden Salad Sliced Peaches
10 Penne w/ Meat Sauce Italian Veggies Caesar Salad Sliced Peaches	11 Ahi Tuna Salad w/ Mixed Greens Sesame Vinaigrette Veggie Spring Rolls Grapes	12 Salisbury Steak Mashed Potatoes Baby Carrots Garden Salad Sherbet	13 Wild Mushroom Omelet Baby Red Potatoes Orange Juice Fruit & Yogurt	14 Teriyaki Chicken w/ Brown Rice Asian Veggies Garden Salad Fruit Cocktail
17 Chicken Strips Potato Wedges Broccoli Florets Coleslaw Pineapple Chunks	18 Taco Salad Cornbread Orange Wedges	19 Veggie Lasagna Italian Green Beans Garden Salad Fruit	20 Chinese BBQ Pork Fried Rice Egg Roll Mandarin Oranges Fortune Cookie	<i>Holiday Luncheon</i> 21 Roast Beef Mashed Potatoes Wild Mushroom Gravy Nantucket Veggies Pecan Pie
24 	25 ~CLOSED~ 	26 Florentine Fish Baked Yam Whole Green Beans Garden Salad Fruit	27 Mandarin Orange Chicken w/ Rice Steamed Broccoli Asian Sesame Slaw Fruit	28 Cabbage Rolls Roast Potatoes Capri Veggies Garden Salad Raspberry Sherbet
31 BBQ Chicken Drumsticks Roasted Red Potatoes Green Beans Garden Salad Tropical Fruit				

All menus are subject to change due to food cost and availability **Gluten Free Entrée Available (ask). Entrée Salad Available daily.**